

LIONS MANE INSTRUCTIONS

1. REMOVE PRODUCE BAG & SPRAY BOTTLE FROM INSIDE OF THE BURLAP SACK. LEAVE THE PLASTIC GROW BLOCK INSIDE AND CINCH BACK UP. PLACE THE BURLAP BAG IN YOUR DESIRED GROWING LOCATION.

MAKE SURE TO CHOOSE AN AREA FOR THE BLOCK WHERE THE MUSHROOMS WILL GET INDIRECT SUNLIGHT. YOU MAY PLACE THE BLOCK ON A TRAY, BUT IT IS NOT NECESSARY SINCE THE BLOCK WILL REMAIN INSIDE THE BAG DURING GROWTH.

2. USING A RAZOR OR A SHARP KNIFE, CUT A 3" X 3" "X" CUT. YOUR CUT SHOULD PENETRATE BOTH THE OUTER BURLAP BAG AND THE INNER PLASTIC BAG. TRY TO AVOID CUTTING TOO DEEPLY INTO THE SUBSTRATE. THE DEEPER YOU CUT THROUGH THE TOP LAYER OF MYCELIUM (THE MUSHROOM "ROOTS"), THE LONGER IT MAY TAKE TO START FRUITING.

3. FILL YOUR SPRAY BOTTLE WITH WATER, PEEL BACK THE OUTER & INNER BAG FLAPS & MIST THE EXPOSED SUBSTRATE TWO TIMES DAILY UNTIL MUSHROOM PINS FORM. DURING EACH MISTING SESSION, WET THE SUBSTRATE USING 4-5 PUMPS. AS THE MUSHROOMS MATURE, THEY WILL REQUIRE ADDITIONAL MISTING, INCREASE TO 4 TIMES DAILY. IF THEY LOOK LIKE THEY ARE TOO DRY, MIST AGAIN! SEE OUR FAQ PAGE FOR MORE INFO ON MISTING.

4. MUSHROOMS SHOULD BEGIN TO "PIN" WITHIN 10-14 DAYS. THIS MAY HAPPEN SOONER OR TAKE LONGER DEPENDING ON THE CONDITIONS OF YOUR HOME. AFTER THE MUSHROOMS BEGIN TO PIN, THEY WILL FULLY MATURE WITHIN 5-6 DAYS.

5. HARVEST YOUR MUSHROOMS! YOUR MUSHROOMS ARE READY TO HARVEST WHEN INDIVIDUAL "TEETH" BEGIN TO FORM. HARVEST BEFORE THE CLUSTER TURNS YELLOW. IF YOUR CLUSTER IS A PINKISH COLOR, IT IS STILL TOO YOUNG- LET IT MATURE UNTIL IT TURNS WHITE. **TO HARVEST:** GRAB THE CLUSTER AT THE BASE AND PULL UPWARDS IN A ROCKING MOTION TO LOOSEN FROM THE BLOCK. THERE WILL BE SUBSTRATE ATTACHED TO THE BASE, YOU CAN CUT THIS OFF BEFORE STORING. STORE MUSHROOMS IN THE INCLUDED PRODUCE BAG IN THE REFRIGERATOR FOR UP TO 10 DAYS.

6. IF YOU WANT TO GROW A SECOND BATCH (OR THIRD OR FOURTH!): TAPE UP THE ORIGINAL "X" CUT IN THE PLASTIC (NO NEED TO TAPE THE BURLAP CUT). MAKE A NEW CUT THROUGH THE TWO BAGS IN A DIFFERENT AREA & FOLLOW STEPS 3-5 TO FRUIT AGAIN. YOUR BLOCK WILL BEGIN TO FORM NEW PINS IN APPROXIMATELY 10-14 DAYS. TWO HARVESTS IS TYPICAL, HOWEVER IF THE CONDITIONS ARE JUST RIGHT, YOU MAY GET UP TO FOUR HARVESTS!

FLIP THIS PAGE OVER TO READ THROUGH SOME OF OUR MOST FREQUENTLY ASKED QUESTIONS ABOUT GROWING YOUR OWN MUSHROOMS AT HOME.

